

# Joy

Choosing to Rejoice

## 30 Day Bible Reading Challenge with Bonus Journaling Prompts

Sweet Smelling Fruit: Cultivating a Heart that Lives by the Spirit



Part of a series on the Fruits of the Spirit

*"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law." Galatians 5:22-23 [ESV]*

1. Psalm 18:46-49
2. Psalm 30:1-5
3. Psalm 30:11-12
4. Psalm 34:1
5. Psalm 35:28
6. Psalm 104:33
7. Psalm 138:1
8. Psalm 103:1-5
9. Psalm 100:3-5
10. Proverbs 10:28, 15:30, 17:22
11. Jeremiah 15:16
12. Jeremiah 20:13
13. Nehemiah 8:10
14. Habakkuk 3:17-19
15. Romans 5:1-4
16. Romans 12:12
17. 1 Peter 1:3-9
18. James 1:1-4, Matt. 5:12
19. Colossians 1:9-12
20. Hebrews 12:1-2
21. Isaiah 25:9
22. Isaiah 35:1-7
23. Isaiah 35:8-10
24. Romans 12:6-8
25. Romans 15:5-13
26. Phil. 4:4, 1 Thess. 5:16-18
27. John 15:1-11
28. Philippians 1:18-21
29. Zephaniah 3:14-17
30. Psalm 16:1-11

# Journaling Prompts

Pray before you begin. Ask God to prepare your heart to receive and understand anything He wants you to learn or be reminded of as you study His word.

Bible verse(s): \_\_\_\_\_

Date: \_\_\_\_\_

## IDENTIFICATION

Identify what's going on in the passage you're reading. For example: Is there an event taking place in this passage? Who is it about? When & where does it take place? Is someone speaking? If so who are they speaking to?

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## DIRECTION

What truth is this passage directing us to see in God's word? Is there a particular sin the scripture is pointing out? Is it reminding us of a command or promise?

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## ENCOURAGEMENT

What is this passage encouraging us to do? Is it inspiring us to make a change? Does it offer comfort? Hope?

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## APPLICATION

How can we personally apply the truth and wisdom in this passage to our lives?

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