

# Kindness & Goodness

## 30 Day Bible Reading Challenge with Bonus Journaling Prompts

### Sweet Smelling Fruit: Cultivating a Heart that Lives by the Spirit

Part of a series on the Fruits of the Spirit

*"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law." Galatians 5:22-23 [ESV]*

1. Genesis 24:1-27
2. Psalm 51:1; 116:5; 145:8-9
3. Psalm 103:1-12
4. Psalm 103:13-18
5. Isaiah 54:1-10
6. Hosea 11
7. Joel 2:12-14
8. Proverbs 11:16-17; 21:21; 31:26
9. Ruth 2
10. Matthew 20:29-34
11. Mark 6:30-34
12. Luke 7:11-17
13. Luke 10:25-37
14. Luke 12:33-34
15. Matthew 5:38-42
16. Luke 6:27-36
17. Matthew 9:35-38
18. Colossians 3:12-14
19. 2 Corinthians 6:3-13
20. Ephesians 4:29-32
21. 2 Corinthians 1:3-7
22. Galatians 6:1-10
23. Philippians 2:1-11
24. 2 Thess. 3:6-13
25. 1 Timothy 6:17-19
26. Titus 3:1-8 & Proverbs 14:21
27. Hebrews 13:15-16
28. James 2:14-17
29. 1 Peter 4:8-11
30. Eph. 2:1-10 & John 3:16-17



# Journaling Prompts

Pray before you begin. Ask God to prepare your heart to receive and understand anything He wants you to learn or be reminded of as you study His word.

Bible verse(s): \_\_\_\_\_

Date: \_\_\_\_\_

## IDENTIFICATION

Identify what's going on in the passage you're reading. For example: Is there an event taking place in this passage? Who is it about? When & where does it take place? Is someone speaking? If so who are they speaking to?

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## DIRECTION

What truth is this passage directing us to see in God's word? Is there a particular sin the scripture is pointing out? Is it reminding us of a command or promise?

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## ENCOURAGEMENT

What is this passage encouraging us to do? Is it inspiring us to make a change? Does it offer comfort? Hope?

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## APPLICATION

How can we personally apply the truth and wisdom in this passage to our lives?

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